

Galliard Resources Corp.

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GALLIARD RESOURCES CORP. GRANTS OPTIONS

VANCOUVER, August 13, 2010 - **Galliard Resources Corp.** (CNSX: GRS) reports that it has granted 300,000 incentive stock options to certain consultants, directors and officers of Galliard. The options are exercisable at \$0.20 per share for a term of 10 years.

About Galliard Resources Corp.

Galliard's focus is to evaluate, acquire and explore natural resource properties. The company presently has an option to acquire an undivided 100% interest in an exploration property situated in south-central British Columbia, namely the Enterprise Property. For more information, please contact Herrick Lau at (604) 688-9588 or e-mail herrick.lau@barongroupintl.com.

On Behalf of the Board of Directors,

Galliard Resources Corp.

“Robert Bick”

Robert Bick
CEO, President and Director

The Canadian National Stock Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.